

Newsletter

Welcome to the August Edition of Creceer Africa's Newsletter!

It's the eighth month of 2025, and at Creceer Africa, August is all about building better, together.

In July, we hosted Youth Empowerment Webinar 2.0, a powerful session that brought young Nigerians together to talk about something many of us struggle with but rarely unpack: stress, burnout, and mental health.

With practical insights from Mr. Abiodun Oguntola of Mentally Aware Nigeria Initiative (MANI) and Mr. Onyekachi Okonkwo of Psyche Alley Clinic, we explored the two sides of stress, the stressor and the response and shared tools for managing pressure while navigating adulthood and building a career. Watch it [here](#)

New on the Blog: Power in Partnership

Too many great ideas die in isolation. In our latest blog post, we unpack the danger of working in silos and explore why partnership is one of Africa's most underused tools for real change. Read it [here](#). Want to partner or collaborate with us? Email info@crecerafrica.org, we're open to building what truly matters.

Missed a Session? Here's What to Catch Up On

Over the past few months, we've shared stories and insights designed to support your growth, both personally and professionally. If you missed any of them, now's the perfect time to catch up:

- February Webinar: How to Build a Personal Brand with Atinuke Babatunde
- March Blog Interview: Entrepreneur Spotlight featuring Dr. Folashade Adeyemo

Each session is available to rewatch on our [YouTube channel](#) or website.

Stay Connected

We love hearing from you! Follow us for updates, highlights, and ways to get involved:

- ◆ Facebook: [Creceer Creceer](#)
- ◆ Instagram: [@thecrederafrica](#)
- ◆ YouTube: [Creceer Africa](#)
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Thank you for being part of the Creceer Africa community! Let's keep inspiring, learning, and growing together.